

Payment

Ask your physician for a referral to Pemi-Baker Rehab Therapies to be eligible for Medicare, Medicaid and Third Party payments.

You've been sidelined.

*We know you want to get back
to doing what you love.*

*We will work with you to resolve
your pain and restore
your body's function.*

*Pemi-Baker Community Health
touches lives:
yours, your family's, your neighbor's*

PBCH is dedicated to improving the health and wellbeing of the community by providing excellence in health care services through outreach, in-home and facility-based programming.

Pemi-Baker Home Health

We provide professional health care in the home setting. Home care helps patients achieve and maintain health, function, and comfort after illnesses, surgeries, and injuries, and is available for all ages and needs.

Pemi-Baker Hospice

Hospice provides comfort and support for those who are facing a life-limiting illness. Our compassionate care promotes dignity and affirms quality of life for the patient, family members, and their loved ones.

Pemi-Baker Aquatic & Fitness

We welcome members of the community to our heated therapeutic pool for classes and design-assisted exercise programs. Our fitness training gym is open for use by the public by members or drop-ins with flexible hours and personal trainers by appointment.



It's all about energy.

Capture it

Channel it

Reach your goals

*Move to a position
of strength*



**PEMI-BAKER
COMMUNITY HEALTH**

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The Pemi-Baker Rehab Therapies Difference

- **Therapy by therapists**—Evaluating and treating the whole body.
- **Expert clinicians**—creating a personalized outcome-based program.
- **Prompt scheduling**—initial appointment within 24-48 hours.



- **Regular communication**—with referring physicians, serving as **your advocate** to promote continuity of care.
- **Seamless continuum of care**—from home care to outpatient therapy, creating optimal rehabilitation programs.

IT'S ALL ABOUT YOU!
*Talk to us, tell us where it hurts,
and let us help get you
back on track.*

Physical Therapy

We work with you to restore physical function by reducing physical limitations and teach you exercises that help you recover from surgery or an injury. We help you to maintain health by rehabilitating old injuries and working to prevent future problems.

Indications for Referral:

- Arthritis and degenerative joint disease
- Joint replacements
- Musculoskeletal injuries
- Sports injuries—sprains/strains
- Post surgery
- Spine dysfunction—neck and back
- Neurological conditions
- Fibromyalgia
- Vestibular therapy
- Chronic pain

Occupational Therapy

Enables patients to improve their daily activities, restore function, and prevent further injuries so they can resume their normal, healthy life faster.

Indications for Referral

- Cognitive retraining
- Hand therapy, elbow, shoulder issues
- Limitations with basic & instrumental activities of daily living
- Neurological conditions, fine motor coordination
- Vision dysfunctions
- Splint fabrications
- Energy Conservation
- Joint protection

Aquatic Therapy

Become stronger more quickly with less impact on your body following an injury or surgery.

Warm aquatic setting:

- eases pain
- improves circulation
- relaxes tense muscles
- provides resistance to motion
- decreases stress to joints

Reduction of gravity in the pool allows you to perform movements that you cannot yet do on land. Ultimately, aquatic-based programs are progressed to land-based programs to ensure full recovery.

Therapy pool features a variety of depths and steps with handrails or a hydraulic chair lift for easy access. You do not need to know how to swim to participate in aquatic therapy.

Speech-Language Pathology

Communication is fundamental to a person's quality of life.

Indications for Referral

- Coughing associated with eating/drinking
- Extra effort swallowing
- Poor articulation
- Difficulty understanding or formulating language
- Speech issues

Massage Therapy

Rejuvenate your body with a massage. Convenient day and evening appointments.