

Payment

If care is medically necessary and the patient meets certain coverage requirements, Medicare, Medicaid, and most private insurance will pay for home care. When necessary, we offer a sliding fee scale for those with limited income or no insurance who reside in the donor towns of Ashland, Campton, Ellsworth, Groton, Hebron, Holderness, Plymouth, Rumney, Thornton, Warren, Waterville Valley, and Wentworth.

Pemi-Baker Community Health is a nonprofit organization, Medicare and Hospice certified, and licensed by the State of New Hampshire.

Office:

Open Monday – Friday 8 am – 4:30 pm



**PEMI-BAKER
COMMUNITY HEALTH**

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*Pemi-Baker Community Health
touches lives:
yours, your family's, your neighbor's*

PBCH is dedicated to improving the health and wellbeing of the community by providing excellence in health care services through outreach, in-home and facility-based programming.

Pemi-Baker Hospice

Hospice provides comfort and support for those who are facing a life-limiting illness. Our compassionate care promotes dignity and affirms quality of life for the patient, family members, and their loved ones.

Pemi-Baker Rehab Therapies

Our skilled physical, occupational and speech therapists work one on one with patients recovering from an injury or illness, suffering from a chronic condition to move your body to a position of strength.

Pemi-Baker Aquatic & Fitness

We welcome members of the community to our heated therapeutic pool for classes and design-assisted exercise programs. Our fitness training gym is open for use by the public by members or drop-ins with flexible hours and personal trainers by appointment.

**PEMI-BAKER
HOME HEALTH**



*Patient
Centered
Care*

Pemi-Baker Home Health

Since 1967, **Pemi-Baker Home Health** has been a provider of skilled, compassionate, progressive home-based health services to our community members. We partner with patients and families to achieve their goals of health, safety, and independence.

We seek to reassure family and friends as they cope with the challenging and rewarding tasks of caring for a loved one at home.

Many medical services that were once only available in a hospital or rehabilitation facility are now safely and effectively administered by our staff, the experts in home care.

Who Can Receive Home Care?

People of all ages with acute and chronic health care needs may receive home health care services, including:

- ♥ Patients discharged from the hospital after surgery, illness, or injury
- ♥ People with chronic illnesses such as cancer, heart conditions, respiratory diseases, or diabetes
- ♥ People needing wound and ostomy care
- ♥ High tech patients needing IV therapy
- ♥ The frail or elderly
- ♥ New mothers and their babies

What Is Home Care?

Home care encompasses a broad range of professional health care and support services. As hospital length of stays decrease, there are an increasing number of patients who need highly skilled services in their home.



How Are Home Services Arranged?

Referrals for Pemi-Baker Home Health services can come from a variety of sources, including prospective patients, their family members or friends, hospital discharge planners, physicians, community health and social service agencies. If needed, a Pemi-Baker nurse may make a no-charge evaluation to determine if services might be beneficial.

*There is no place
like home,
where healing
occurs best —*

What Services Are Available?

We work with the patient's physician to develop a comprehensive care plan that suits one's specific needs.

- ♥ **Skilled Nursing** — A full range of skilled nursing services are available through assessment, planning, monitoring, treatment, and teaching.
- ♥ **Physical therapy** — physical therapists perform assessments and provide treatments that assist patients of all ages with mobility, strength, balance, and coordination.
- ♥ **Occupational therapy** — occupational therapists assess and treat patients to reach their optimal level of independence for activities of daily living.
- ♥ **Speech therapy** — speech-language pathologists help patients improve language and communication skills, plus teach safe swallowing techniques.
- ♥ **Medical Social Work** — provides social assessments, community referrals, long-range planning, patient advocacy, and short-term behavioral health counseling.
- ♥ **Home Health Aides** — Licensed Nursing Assistants assist with activities of daily living and personal care. With clinical supervision, home health aides may provide services such as exercise, lab draws, and simple wound care.
- ♥ **Nutritionist/Registered Dietician** — develops individualized plans for people with specific nutritional needs, and provides patient and family education about healthy dietary practices.